

PREPARING YOUR PERSONAL STATEMENT

PAST

Relay relevant past experience that shaped who you are today. Consider these questions:

- What led you to choose your current path?
- What have you done to prepare?

PRESENT

Connect your story to your capabilities/recent accomplishments. Consider these questions:

- What are your skills and strengths?
- How did you achieve them?
- In what areas do you want to grow?

FUTURE

End with long-term goals of your professional career. Explain how you will achieve this with this institution or internship. Consider these questions:

- What do you hope to achieve in 5–10 years?
- How will you contribute to society?
- How will this step bring you closer to these goals?

Getting your thoughts on paper is the first step. For additional support along the way, connect with a Communication Coach to help you polish your statement before you hit submit. cxc.lsu.edu/appointment